












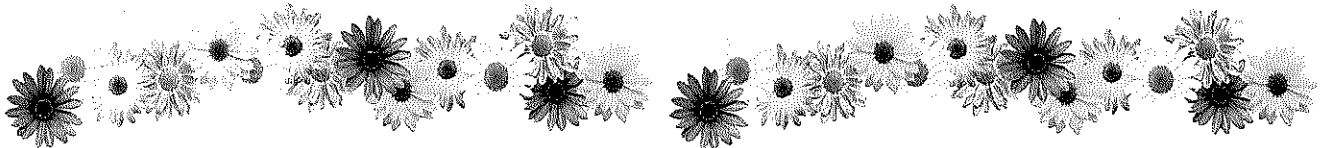


March 6-12
 April 3-9
 May 1-7

Spring Seasonal Menu

Week: 1
 From: _____ To: _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Meal	Apple Juice French Toast Bacon Slice Orange Wedges Malt O Meal	Cranberry Juice Cottage Cheese Fresh Fruit Cup Lemon Muffin Raisin Bran Cereal	Orange Juice Scrambled Egg Cinnamon Toast Pear Slices Cream of Wheat	Apple Juice Breakfast Sausage Blueberry Pancakes Seasonal Fresh Fruit Oatmeal	Cranberry Juice Denver Scramble Raisin Toast with Jelly Banana Half Malt O Meal	Orange Juice Breakfast Sausage Waffles with Strawberry Topping Cinnamon Oatmeal	Apple Juice Eggs with Cheese Danish Mandarin Oranges Cream of Wheat
Noon Meal	 Lemon Tarragon Chicken Red Pepper Couscous Sautéed Spinach Chocolate Cake	 Fruited Pork Cutlet Brown Rice Fresh Zucchini Stir Fry Pot Sticker Fruited Gelatin	 Herb Roasted Turkey Cornbread Dressing Green Peas with Cauliflower Wheat Bread Ambrosia	 Spaghetti with Meat Sauce Green Beans with Oregano Garlic French Bread Cappuccino Pudding	 Herb Crusted Fish Roasted Potatoes Fresh Carrots with Green Onions Wheat Bread Peach Crisp	 Beef Tips with Mushrooms Parsley Bulgur Pilaf Broccoli with Red Peppers Ranger Cookie	 Honey Glazed Ham Roasted Sweet Potatoes Capri Asparagus Dinner Roll Apple Pie
Evening Meal	Sausage with Baked Beans Country Trio Vegetables Wheat Bread Fresh Melon	 Corn Chowder Shrimp Louie Salad Wheat Roll Lemon Cheese Bar	 Baked Potato with Ham and Cheese Seasoned Broccoli Wheat Bread Frosted Yellow Cake	 Split Pea Soup Egg Salad Sandwich with Roasted Peppers Cole Slaw Peanut Butter Cookie	 Beef Enchilada Casserole Seasoned Pinto Beans Green Salad Whipped Gelatin	 Chicken Cacciatore Garlic Noodles Fresh Squash Sauté French Bread Caramel Ice Cream Sundae	 Vegetable Barley Soup Pastrami and Swiss Cheese Hoagie Marinated Salad Butterscotch Pudding



Hot beverage and milk served at each meal.
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March 13-19
 April 10-16
 May 8-14

Spring Seasonal Menu

Week: 2
 From: _____ To: _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Meal	Cranberry Juice Yogurt with Fresh Fruit Blueberry Muffin Raisin Bran Cereal	Orange Juice Grilled Ham Pancakes with Syrup Peach Slices Malt O Meal	Apple Juice Egg and Cheese Breakfast Biscuit Seasonal Fresh Fruit Oatmeal	Cranberry Juice Cinnamon French Toast/ Bacon Slice Apricot Halves Cream of Wheat	Orange Juice Country Scramble Toast with Jelly Pear Slices Raisin Oatmeal	Apple Juice Sausage Gravy over Biscuit Banana Half Malt O Meal	Cranberry Juice Southwest Breakfast Bake / Hash Browns Orange Wedges Cinnamon Oatmeal
Noon Meal	* * * * Breaded Fish with Tartar Sauce Seasoned Potato Wedges Peas and Corn Brownie	* * * * Baked Vegetable Lasagna Caesar Salad French Bread Pear Vanilla Wafer Dessert	* * * * Rosemary Chicken Herbed Orzo Seasoned Broccoli Wheat Roll Peach Cobbler with Whipped Topping	* * * * Roast Pork with Thyme Couscous Pilaf Garden Zucchini Wheat Bread Orange Cream	* * * * Country Fried Steak with Gravy Mashed Potatoes Spinach with Lemon Wheat Bread Zebra Cake	* * * * Macaroni and Cheese Bake Green Beans Provincial Wheat Bread Fresh Melon	* * * * Roast Beef with Basil Sauce Roasted Potatoes Savory Broccoli Wheat Roll Fluffy Cheesecake
Evening Meal	* * * * Beef Chili Mac Cauliflower and Green Pepper Wheat Bread Strawberry Banana Gelatin	* * * * Navy Bean Soup Turkey Salad with Cranberry Sandwich Copper Beet Salad Cinnamon Crisp Cookie	* * * * Stuffed Bell Pepper Wheat Rice Pilaf Fresh Carrots with Dill Wheat Bread Tapioca Pudding	* * * * Vegetable Pasta Primavera Tossed Salad Chive Breadstick Oatmeal Raisin Cookie	* * * * Turkey Burger on Wheat Bun Sweet Potato Fries Springtime Fruit Salad Sherbet	* * * * Tuna Rice Casserole Peas and Carrots Cornbread Glazed Blueberry Bar	* * * * Asian Corn Soup Chinese Chicken Salad Wheat Bread Lemon Crisp Cookie



Hot beverage and milk served at each meal.
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March 20-26
 April 17-23
 May 15-21

Spring Seasonal Menu

Week: 3
 From: _____ To: _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Meal	Orange Juice Scrambled Eggs Toast with Jelly Seasonal Fresh Fruit Raisin Bran Cereal	Apple Juice Breakfast Sausage Waffle with Syrup Banana Half Oatmeal	Cranberry Juice Pepper Jack Scramble Banana Bread Mandarin Oranges Malt O Meal	Orange Juice Hash Brown Egg Bake Toast with Jelly Fresh Fruit Cup Cream of Wheat	Apple Juice French Toast Bacon Slice Sliced Pears Raisin Bran Cereal	Cranberry Juice Scrambled Eggs Peach Muffin Orange Wedges Cinnamon Oatmeal	Orange Juice Breakfast Sausage Pancakes Chunky Applesauce Malt O Meal
Noon Meal	Paprika Pork Herbed Barley Pilaf Green Peas with Red Peppers Wheat Bread Cool Gelatin Cake	Crispy Garlic Fish Fillet Fried Brown Rice Asian Vegetables Fresh Strawberries and Kiwi	Meatballs with Marinara Sauce Spaghetti Noodles Roasted Zucchini Parmesan Breadstick Ice Cream	Glazed Baked Ham Baked Sweet Potato Broccoli with Cauliflower Wheat Roll Peach Dessert	Beef Burgundy with Mushrooms Pasta with Chives Peas with Onions Banana Pudding with Vanilla Wafers	Lemon Herb Fish Couscous Pilaf Sautéed Spinach Wheat Bread Mocha Frosted Yellow Cake	Roasted Turkey Breast with Gravy Mashed Potatoes French Green Beans Dinner Roll Berry Pie
Evening Meal	Soft Tacos with Meat, Cheese, Lettuce & Tomato Cilantro Carrots Pears with Vanilla Sauce	Chicken Noodle Soup Sun Dried Tomato and Onion Quiche Orange Glazed Beets Wheat Roll Apple Crisp	Spring Bounty Soup Chicken Pesto On Wheat Bun Three Bean Salad Snickerdoodle Cookie	Chili with Beans Corn Bread Green Salad with Ranch Dressing Whipped Raspberry Gelatin	Tortellini Soup Caesar Salad with Mozzarella French Bread Chocolate Chip Cookie	Cheese Enchilada with Sour Cream Cilantro Rice Southwest Vegetables Blueberry Gelatin with Topping	Lentil Soup Philly Cheese Steak Sandwich Tomato Ranch Salad Toffee Bar



Hot beverage and milk served at each meal.
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March 27 - April 2
 April 24 - 30
 May 22 - 28

Spring Seasonal Menu

Week: 4
 From: _____ To: _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Meal	Cranberry Juice Green Onion Omelet Toast with Jelly Peach Slices Raisin Oatmeal	Orange Juice Breakfast Ham Waffle Fresh Fruit Cup Cream of Wheat	Apple Juice Spanish Scramble Raisin Toast w/ Jelly Orange Wedges Cinnamon Oatmeal	Cranberry Juice Vanilla French Toast Bacon Slice Banana Half Malt O Meal	Orange Juice Western Scramble Toast with Jelly Spiced Applesauce Raisin Bran Cereal	Apple Juice Breakfast Sausage Pancake Seasonal Fresh Fruit Cream of Wheat	Cranberry Juice Cheese Bacon Bake Toast with Jelly Pear Slices Oatmeal
Noon Meal	Ravioli with Garlic Cream Sauce Sautéed Crookneck Squash Parmesan Breadstick Pear Strawberry Cup	Roast Beef w/ Au Jus Braised Potatoes Broccoli with Red Peppers Vanilla Apricot Pudding	Oven Fried Chicken Ranch Beans Cauliflower and Green Peas Marbled Brownie	Sweet & Sour Pork Steamed Rice Cabbage Stir Fry Pot Sticker Mandarin Orange Gelatin	Meat Loaf Au Gratin Potatoes Seasoned Spinach Wheat Bread Red Velvet Cake	Curried Turkey Brown Rice Green Peas with Water Chestnuts Wheat Bread Glazed Peaches	Rosemary Roast Pork Baked Potato Fresh Parsley Carrots Wheat Roll Lemon Meringue Pie
Evening Meal	Clam Chowder Deluxe Chef Salad with Ham and Turkey Wheat Roll Cinnamon Cookies	Vegetable Barley Soup Tuna Cream Cheese Sandwich Carrot Salad Cranberry Crunch Bar	Classic Burger with Lettuce, Tomato, and Onion Potato Wedges Melon Cubes	Italian Sausage with Onions and Peppers Garlic Parsley Noodles Seasoned Zucchini Butterscotch Square	Tomato Bisque Grilled Cheese Sandwich Broccoli with Bacon Sherbet	Italian Pasta Bake Green Beans with Garlic French Bread Ice Box Dessert	Tortilla Soup Fish Taco Black Bean and Corn Salad Orange Cookie



Hot beverage and milk served at each meal.
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